

# LEDGE™ Weight Bench

## Specification Sheet

### Product Description

LEDGE™ Weight Bench is a premium adjustable bench designed for strength training. Handcrafted from solid hardwood, it combines enduring stability with refined aesthetics. The bench features firm, full-grain leather upholstery over high-density foam and smooth mechanical adjustments, allowing the seat to set at 0° or 15° and the backrest at six angles from 0° to 75°.

### Materials & Finishes

Wood: Prime Walnut / Black Ash / Light Ash

Leather: Shadow Black / Saddle Brown / London Tan / Eternal Green

Metal: Brushed Brass / Stainless Steel

Finish: Natural oil and wax blend

### Key Dimensions

Seat angles: 0°, 15°

Backrest angles: 0°, 15°, 30°, 45°, 60°, 75°

Seat length: 36 cm (14.2")

Backrest length: 90 cm (35.4")

Total usable length: 130 cm (51.2") when flat

Seat and backrest width: 32 cm (12.6")

Overall length: 137 cm (54")

Overall width: 60 cm (23.6")

Overall height: 43 cm (17") when flat

### Limitations

Environment: Indoor only, relative humidity 40-60%

Rated load: 200 kg (440 lb)

### Packaging

140×36×47 cm (55.1×14.2×18.5") - 30 kg (66 lb)

Ships partially assembled.

### Related Resources

[Product Page](#)

[High Resolution Images](#)

[User Guide](#)

[Material Guide](#)

