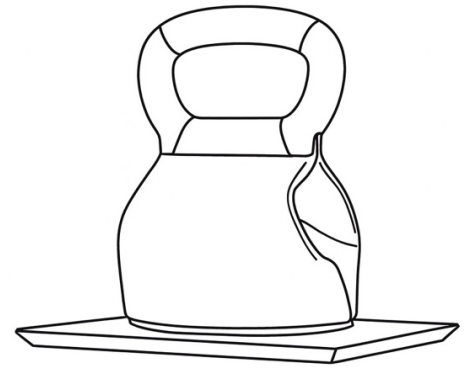


SACK™ Leather Kettlebell

User Guide

Product Description

SACK™ Leather Kettlebell is a hand-crafted piece of strength training equipment designed to combine functionality with refined aesthetics. Its hand-stitched leather shell, filled with fine steel pellets, provides a solid yet floor-friendly weight that delivers distinctive tactile feedback during training. Featuring a smooth wooden handle and a stable complementary stand, SACK™ offers a durable and elegant alternative to conventional kettlebells.



Limitations

Environment: Indoor only, relative humidity 40-60%

Safety Instructions

Please read these safety instructions carefully before using this product. Improper use may result in product failure, property damage, serious injury, or death. Retain this user guide for future reference.

- **Space requirements.** Ensure there is sufficient space around you to perform exercises safely. Keep the area clear of obstacles, sharp objects, and tripping hazards. Use the product only on a flat, stable surface. Use an exercise mat to reduce the risk of injury.
- **Indoor use.** This product is designed for indoor use and storage only (relative humidity 40-60%). Keep the product away from direct contact with liquids. Failure to follow these guidelines may cause the product to deteriorate and become unsafe.
- **Modifications.** Do not modify the product in any way. Any alterations, additions, or attachments not approved by the manufacturer are not permitted. Use the product only as designed and supplied.
- **Repairs.** Do not attempt to repair the product yourself unless you are a qualified professional with the necessary knowledge and skills. Only use original manufacturer parts for any repairs or replacements.
- **Inspection.** Before each use, thoroughly inspect the product. Do not use the product if any parts are damaged, loose, or missing.
- **Adult use.** Children under 14 years should only use this product under adult supervision. Not suitable for children under 36 months.
- **Health precautions.** Ensure that you are in good physical condition before exercising. Consult a physician before beginning any new exercise routine, especially if you have pre-existing health conditions. Stop exercising immediately if you feel unwell.
- **Proper technique.** Learn proper technique before using the product. Always use common sense and be aware of your personal limits.
- **Shared use.** Do not allow anyone to use the product unless they are capable, responsible, and properly informed of all safety instructions. Only one person should use this product at any given time.

Legal Disclaimer

The manufacturer shall not be liable for any injuries or damages resulting from improper use of this product. Use of this product is at the user's own risk. Always follow the instructions and safety guidelines outlined in this user guide. Consult a qualified professional if you are unsure about proper use.

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Getting Started

- Read all instructions carefully and ensure you fully understand them before using the product.
- Carefully unpack the product and inspect it for any transportation damage. Retain the packaging until the product is fully inspected.
- Verify that all parts have been delivered by checking the parts list. If any parts are missing or damaged, contact the manufacturer.

Parts List

Reference	Name	Quantity
A	Leather kettlebell with wooden handle	1
B	Flat wooden stand	1

Using the Product

Perform exercises appropriate for your ability and training goals. Use controlled movements and proper technique. Always follow the safety instructions provided at the beginning of this user guide.

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Product Care

Please visit [this page](#) for product care guidelines.

Support

Please [contact the manufacturer](#) if you need help with using this product or have any other questions.